Social History Study Guide
Social history can be harder for students to organize than political history because social history generally lacks dramatic turning points. A thematic and chronological guide like this one can help students orient themselves.

LATE MIDDLE AGES	SIXTEENTH & SEVENTEETH CENTURIES	EIGHTEENTH CENTURY	NINETEETH CENTURY
beeges bak strang	Marriage	and Family	W =
Nuclear family Divorce is nonexistent Marriages are arranged for economic reasons Prostitution in urban areas Average age for marriage: mid- to late-20s for men and under 20 for women Church encourages cult of paternal care Many couples (especially the poor) do not observe church regulations on marriage because if they have no property to inherit it is not as important Manners shape men to please women in the upper classes	Nuclear family Divorce is available in certain cases More prostitution Marriages are still based on economics but are increasingly more romantic Average age for marriage: 27 for men and 25 for women Increased infanticide Low rate of illegitimate births Dramatic population growth until 1650; growth slows until 1750	Nuclear family Marriages are based more on romance Average age for marriage: late 20s or later because it takes longer for couples to be economically ready for marriage Many women do not marry (spinsters) Illegitimate birth explosion, 1750–1850 Increase in infanticide Foundling hospitals created Growth of cottage industry Young people increasingly work away from home in the city "Spare the rod and spoil the child" Rise of humanitarianism (influenced by the Enlightenment)	Ideal of romantic love is now the most important reason to marry  Many men marry late  Middle class is more apt to consider economic reasons  Fewer children per family; more love toward their children  Lower-class children are less economically dependent on their parents than middle-class children  Women are closely monitored  Sexual double-standard  Rate of illegitimacy in working classes declines after 1850  Prostitution is sought by middle-class men  Early childhood is vital (Freud)

	Status o	of Women	
Legal status of upper- class women is better now than it will be in the next two centuries	Status of upper-class women declines during the Renaissance Most women are not affected by the Renaissance Educated women are allowed involvement but they are to be subservient to men Sexual double-standard Woman is to make herself pleasing to the man (Castiglione) Rape is not considered a serious crime Protestant Reformation: women's occupation is in the home Catholic orders for women grow	Protestant women are still expected to manage the home Upper-class Catholic women have self-development options in religious orders	After 1850 increasingly separate spheres exist: men work in factories while women stay at home     By the late-nineteenth century only women in poor families work outside the home     Middle-class women begin working to organize and expand their rights; poor women do as well, but mostly in the context of socialism
	·	ation	
Mostly religious, but universities teach law and medicine as well	<ul> <li>Mostly for the upper classes, but literacy increasingly becomes valued by all classes as a means to reading the Bible</li> <li>Increased education as a means of social control or social bonding (e.g., The Courtier)</li> </ul>	Protestantism spurs increased education for boys and girls Humanitarianism of the Enlightenment leads to improved education	Increases among the middle class     Increased professionalization in medicine, law, and education
	Reli	gion	<del></del>
Dominated by the Catholic Church     Reform movements: Wycliffe and Hus     Some persecution of witches     Councilliar movement challenges papal authority	Protestant Reformation Counter Reformation Religious wars "New Monarchs" and "Absolute Monarchs" take control of national churches Major persecution of alleged witches	Protestant pietism in Germany Rise of Methodism Catholic piety remains Decrease in witch-hunts	<ul> <li>Rerum Novarum</li> <li>Syllabus of Errors</li> <li>Kulturkampf</li> <li>Increased emphasis         <ul> <li>morality among the</li> <li>middle class</li> </ul> </li> <li>Decline among urban working classes</li> <li>Development of fundamentalism in Protestantism</li> <li>Development of a reform movement in Judaism</li> </ul>

## **Nutrition and Health**

- Poor harvests create malnutrition
- Black Death results in the loss of one-third of the population
- Poor life expectancy (about 25 years)
- Price Revolution = less food consumption due to higher prices (until about 1650)
- Bread is staple food for lower classes
- Upper classes eat large quantities of meat
- Smallpox and famines still ravage parts of Europe

- Improved diet: more vegetables (especially potatoes)
- Life expectancy increases from 25 years to 35 years; less war and contained conflicts away from agriculture and civilian population
- Major advances in the control of plague and disease (especially smallpox); Jenner
- Harvey: circulation of blood
- Development of public health; advances in clean water and hygiene in cities limits cholera and tuberculosis
- · Hospital reform
- Reform for mental health institutions

- Increased life expectancy
- Significant decline in infant mortality after 1890
- Public health movement:
   Bentham and Chadwick
- Bacterial revolution: Pasteur (germ theory), antiseptic (Lister)
- Poor living conditions in cities

# Social Structure

- Feudalism dominates most of Europe
- · Guilds dominate towns
- Black Death disrupts social organization and leads to increased mobility and greater pressure for higher wages because the laboring population has contracted; rebellions repressed by nobles and royal authority
- Population growth begins in the sixteenth century until about 1650
- Cities grow faster than rural areas
- Two major hierarchies exist:
  - 1. Countryside: landlords, peasants, landless laborers
  - 2. Urban: merchants, artisans, laborers Clergy, lawyers, teachers, and civil servants fit awkwardly in both hierarchies
- Advancement up the hierarchy is made possible through education
- Enclosure movement
- Putting-out system
- Serfdom in Eastern Europe

- Cottage industry in rural areas
- Growth of cities
- Serfdom in Eastern Europe
- Guilds on the wane; popular pressure to break their power and increase access to professions
- In France middle classes buy into nobility; in England middle classes marry into nobility

- Increased standard of living for the average person; higher wages
- Society is more diverse and less unified
- Increased migration out of Europe in search of better economic and social opportunity as well as religious freedom

### Middle Classes

- Diversified middle-class groups: moderately successful industrialists, merchants, professionals (e.g., doctors, lawyers)
- Upper middle class: banking, industry, largescale commerce
- Lower-middle class: shopkeepers, small traders

			Lower Classes: (80 percent of the population) • Highly skilled: foremen, handicraft trades • Semi skilled: craftspeople • Low skilled: day laborers, domestic servants			
	Slavery					
Few Africans live in Europe	African slavery introduced     Dramatic increase in slave trade in the New World     Slave trade makes     Liverpool a thriving port city	Still exists in     Portuguese, Spanish,     and British empires	Ends in Latin America as Spanish and Portuguese leaders are overthrown and Latin American countries become independent     Britain ends slavery in 1833; strong antislavery movement led by Wilberforce     France ends slavery in 1848     Remains in U.S. until 1865			

TWENTIETH CENTURY				
Marriage and Family	Status of Women	Education	Religion	
Baby boom after WWII     Women have children earlier and have fewer children (about 2.0)     Middle-class children are less economically dependent on their parents	<ul> <li>Equality in communist Russia</li> <li>Female suffrage after WWI in most of Western and Central Europe</li> <li>Traditional and oppressed roles in Fascist Italy and Nazi Germany</li> <li>Women work in war industries during WWI and especially during WWII</li> <li>Women's rights inovement in the 1960s</li> <li>Increasing proportion of women in the workforce</li> </ul>	Education is key to social advancement after WWII     After WWII access to college education is widely available in Western and Central Europe     Emphasis on science and math     "Big Science"     Student revolts in France in 1968	Christian existentialism after WWI Lateran Pact (1920) between Mussolini and the Papacy Religion is far less prominent than in any previous century Catholic Ecumenical Council of 1963 (end of Latin in Mass) God Is Dead" movement Growth of Islam	
	Nutrition and Health	Social Structure		

# Appendix

- Increased life expectancy after WWII
- Leaner, healthier lifestyle after 1970
- Increased women's control over reproductive rights
- Increase in the welfare state throughout the century
- Aristocracy loses ground economically after WWI
- Fewer class distinctions after WWII
- Large increase in the middle class after WWII
- Increase in white-collar jobs
- Post-WWII strength
   of unions gives way to
   economic pressures of
   the global economy;
   less opportunity for
   uneducated people to
   have a good livelihood